

No	TITLE	PANAMA APPROVED TRAINING PROGRAMS	HOURS	DAYS	COC	CDC	GOC COC	GOC CDC	COP	SSO	DSD
NAVIGATION											
1.	Revalidation	MASTER II/2	419	55	+++	+++	+++	+++		+++	
2.	Upgrading	CHIEF MATE II/2 to MASTERS II/2	561	73	+++	+++	+++	+++		+++	
3.	Revalidation	CHIEF MATE II/2	419	55	+++	+++	+++	+++		+++	
4.	Upgrading	OFFICERS IN CHARGE OF A NAVIGATIONAL WATCH II/1 to CHIEF MATES II/2	561	73	+++	+++	+++	+++		+++	
5.	Revalidation	OFFICERS IN CHARGE OF A NAVIGATIONAL WATCH II/1	470	62	+++	+++	+++	+++			+++
6.	Training	GMDSS GENERAL OPERATORS IV/2	174	23			+++	+++			
YACHT											
7.	Training	YACHT CAPTAIN – UP TO 200 GT	108	15		+++					
	Training	YACHT CAPTAIN – UP TO 500 GT	517	67	+++	+++	+++	+++			
ENGINE											
8.	Revalidation	CHIEF ENGINEER OFFICERS III/2	265	35	+++	+++				+++	
9.	Upgrading	SECOND ENGINEER OFFICERS III/2 to CHIEF ENGINEER OFFICERS III/2	407	53	+++	+++				+++	
10.	Revalidation	SECOND ENGINEER OFFICERS III/2	265	35	+++	+++				+++	
11.	Upgrading	OFFICERS IN CHARGE OF AN ENGINEERING WATCH III/1 to SECOND ENGINEER OFFICERS III/2	407	53	+++	+++				+++	
12.	Revalidation	OFFICERS IN CHARGE OF AN ENGINEERING WATCH III/1	276	37	+++	+++					+++
DECK RATING											
13.	Revalidation	ABLE SEAFARER DECK II/5	108	15		+++					+++
14.	Upgrading	RATING FORMING PART OF A NAVIGATIONAL WATCH II/4 to ABLE SEAFARER DECK II/5	475	71		+++					+++
15.	Revalidation	RATING FORMING PART OF A NAVIGATIONAL WATCH II/4	76	11		+++					+++
16.	Training	RATING FORMING PART OF A NAVIGATIONAL WATCH II/4	204	27		+++					+++
ENGINE RATING											
17.	Revalidation	ABLE SEAFARER ENGINE III/5	76	11		+++					+++
18.	Upgrading	RATING FORMING PART OF AN ENGINEERING WATCH III/4 to ABLE SEAFARER ENGINE III/5	176	24		+++					+++
19.	Revalidation	RATING FORMING PART OF AN ENGINEERING WATCH III/4	76	11		+++					+++
20.	Training	RATING FORMING PART OF AN ENGINEERING WATCH III/4	172	23		+++					+++
21.	Revalidation	ELECTRO-TECHNICAL RATING III/7	76	11		+++					+++
22.	Training	ELECTRO-TECHNICAL RATING III/7	280	41		+++					+++
SPECIAL TYPE VESSELS											
23.	Training	BASIC TRAINING FOR OIL AND CHEMICAL TANKER CARGO OPERATIONS	47	6					+++		
24.	Training	ADVANCED TRAINING FOR OIL TANKER CARGO OPERATIONS	60	8					+++		
25.	Training	ADVANCED TRAINING FOR CHEMICAL TANKER CARGO OPERATIONS	60	8					+++		
26.	Training	BASIC TRAINING FOR LIQUEFIED GAS TANKER CARGO OPERATIONS	33	5					+++		
27.	Training	ADVANCED TRAINING FOR LIQUEFIED GAS TANKER CARGO OPERATIONS	60	8					+++		
28.	Training	BASIC TRAINING FOR SHIPS OPERATING IN POLAR WATERS	34	5					+++		
29.	Training	ADVANCED TRAINING FOR SHIPS OPERATING IN POLAR WATERS	30	4					+++		
MLC											
30.	Training	COOK IN ACCORDANCE WITH THE MARITIME LABOUR CONVENTION MLC,2006	108	15		+++					+++