No	TITLE	PANAMA APPROVED TRAINING PROGRAMS	HOURS	DAYS	COC	CDC	GOC	GOC CDC	СОР	SSO	DSD
		NAVIGATION	<u>, </u>								
1.	Revalidation	MASTER II/2	419	55	+++	+++	+++	+++		+++	
2.	Upgrading	CHIEF MATE II/2 to MASTERS II/2	561	73	+++	+++	+++	+++		+++	
3.	Revalidation	CHIEF MATE II/2	419	55	+++	+++	+++	+++		+++	
4.	Upgrading	OFFICERS IN CHARGE OF A NAVIGATIONAL WATCH II/1 to CHIEF MATES II/2	561	73	+++	+++	+++	+++		+++	
5.	Revalidation	OFFICERS IN CHARGE OF A NAVIGATIONAL WATCH II/1	470	62	+++	+++	+++	+++			+++
6.	Training	GMDSS GENERAL OPERATORS IV/2	174	23			+++	+++			
		YACHT									
7.	Training	YACHT CAPTAIN – UP TO 200 GT	108	15		+++					
8.	Training	YACHT CAPTAIN – UP TO 500 GT	389	51	+++	+++	+++	+++			
		ENGINE									
9.	Revalidation	CHIEF ENGINEER OFFICERS III/2	265	35	+++	+++				+++	
10.	Upgrading	SECOND ENGINEER OFFICERS III/2 to CHIEF ENGINEER OFFICERS III/2	407	53	+++	+++				+++	
11.	Revalidation	SECOND ENGINEER OFFICERS III/2	265	35	+++	+++				+++	
12.	Upgrading	OFFICERS IN CHARGE OF AN ENGINEERING WATCH III/1 to SECOND ENGINEER OFFICERS III/2	407	53	+++	+++				+++	
13.	Revalidation	OFFICERS IN CHARGE OF AN ENGINEERING WATCH III/1	276	37	+++	+++					+++
		RATINGS DECK		•							
14.	Revalidation	ABLE SEAFARER DECK II/5	108	15		+++					+++
15.	Upgrading	RATING FORMING PART OF A NAVIGATIONAL WATCH II/4 to ABLE SEAFARER DECK II/5	475	71		+++					+++
16.	Revalidation	RATING FORMING PART OF A NAVIGATIONAL WATCH II/4	76	11		+++					+++
17.	Training	RATING FORMING PART OF A NAVIGATIONAL WATCH II/4	204	27		+++					+++
18.	Revalidation	BOATSWAIN II/4	76	11		+++					+++
19.	Revalidation	BOATSWAIN II/5	108	15		+++					+++
20.	Revalidation	CARPENTER	76	11		+++					+++
21.	Revalidation	FITTER	76	11		+++					+++
22.	Revalidation	WIPER	76	11		+++					+++
23.	Revalidation	STEWARD	76	11		+++					+++
24.	Revalidation	HOTEL STAFF	83	12		+++					+++
		RATINGS ENGINE									
25.	Revalidation	ABLE SEAFARER ENGINE III/5	76	11		+++					+++
26.	Upgrading	RATING FORMING PART OF AN ENGINEERING WATCH III/4 to ABLE SEAFARER ENGINE III/5	176	24		+++					+++
27.	Revalidation	RATING FORMING PART OF AN ENGINEERING WATCH III/4	76	11		+++					+++
28.	Training	RATING FORMING PART OF AN ENGINEERING WATCH III/4	172	23		+++					+++
29.	Revalidation	ELECTRO-TECHNICAL RATING III/7	76	11		+++					+++
30.	Training	ELECTRO-TECHNICAL RATING III/7	280	41		+++					+++
31.	Revalidation	ELECTRICIAN	76	11		+++					+++
32.	Revalidation	REEFERMAN	76	11		+++					+++
33.	Revalidation	PUMPMAN	76	11		+++					+++
34.	Revalidation	WELDER	76	11		+++					+++
35.	Revalidation	MECHANIC	76	11		+++					+++
36.	Revalidation	MARINE TECHNICIAN	76	11		+++					+++
		SPECIAL TYPE VESSELS									
37.	Training	BASIC TRAINING FOR OIL AND CHEMICAL TANKER CARGO OPERATIONS BTOC	47	6					+++		
38.	Training	ADVANCED TRAINING FOR OIL TANKER CARGO OPERATIONS ATOT	60	8					+++		
39.	Training	ADVANCED TRAINING FOR CHEMICAL TANKER CARGO OPERATIONS ATCT	60	8					+++		
40.	Training	BASIC TRAINING FOR LIQUEFIED GAS TANKER CARGO OPERATIONS BTLG	33	5					+++		
41.	Training	ADVANCED TRAINING FOR LIQUEFIED GAS TANKER CARGO OPERATIONS ATLGT	60	8					+++		
42.	Training	BASIC TRAINING FOR SHIPS OPERATING IN POLAR WATERS	34	5					+++		
43.	Training	ADVANCED TRAINING FOR SHIPS OPERATING IN POLAR WATERS	30	4					+++		
		MLC									
44.	Training	COOK IN ACCORDANCE WITH THE MARITIME LABOUR CONVENTION MLC, 2006	108	15		+++					+++